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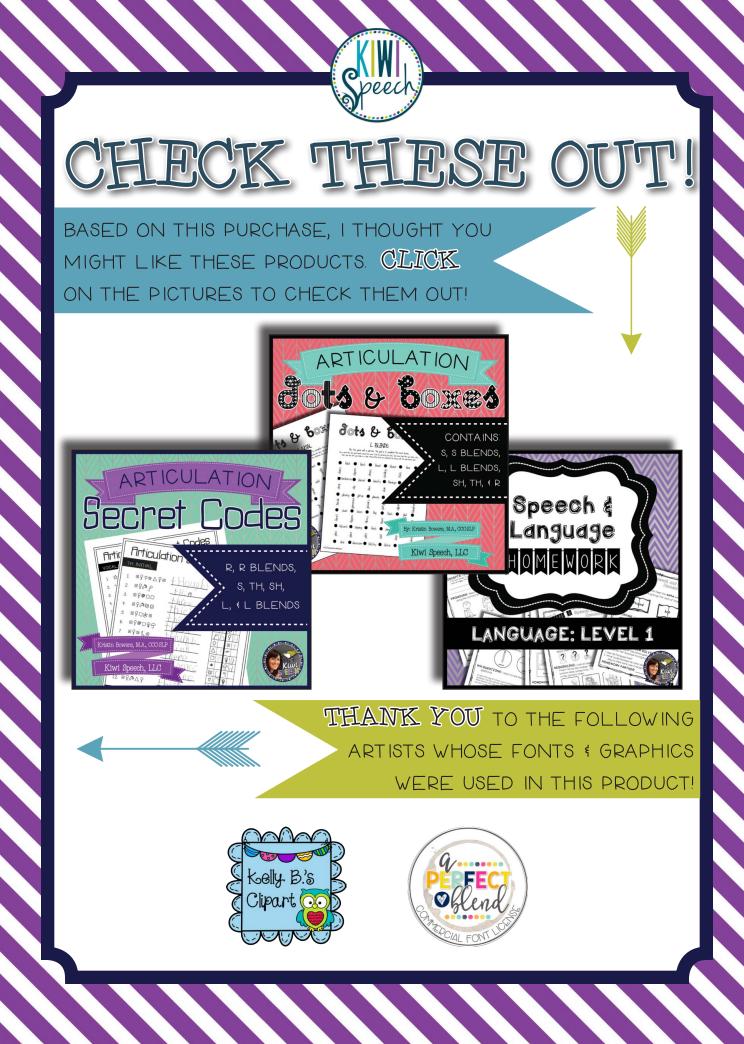
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PARENT LETTER

speech Homeyork, Track

Dear Parent (&) Guardian (&),

Like any other skill, learning to say speech sounds a new way takes <u>consistent</u> <u>practice</u>. Many children will learn to say their new speech sounds during speech sessions, but have trouble remembering to also use their skills at home, in the classroom, or during other parts of their day. Taking a few minutes each day to practice their skills while not at speech will help them learn to use their sounds everywhere they go.

The attached <u>Speech Homework Tracker</u> is a tool you can use to help your child remember to practice their speech every day. Have them write the number of minutes, words, or sentences they practiced with you each day, and total it up at the end of the week/month to see if they met their goal.

<u>Wondering which words to practice</u>? Your child's Speech Language Pathologist may provide you with specific words to practice, but you can also get creative! You can find words with your child's speech sound everywhere! Here are some ideas:

*Read words from a cereal box.

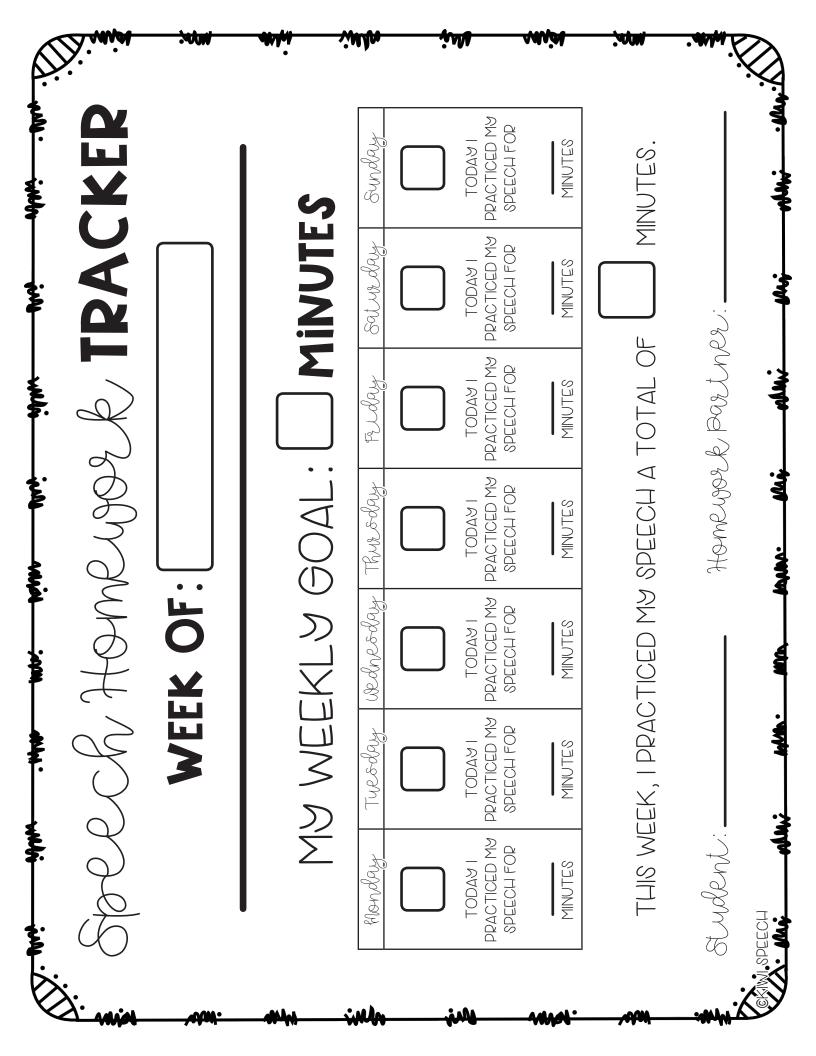
- *Use words from your child's current reading book.
- *Sports fans? List teams that have your child's speech sound in them. *Pick one challenging word and have your child say it each time they do a jumping-jack.

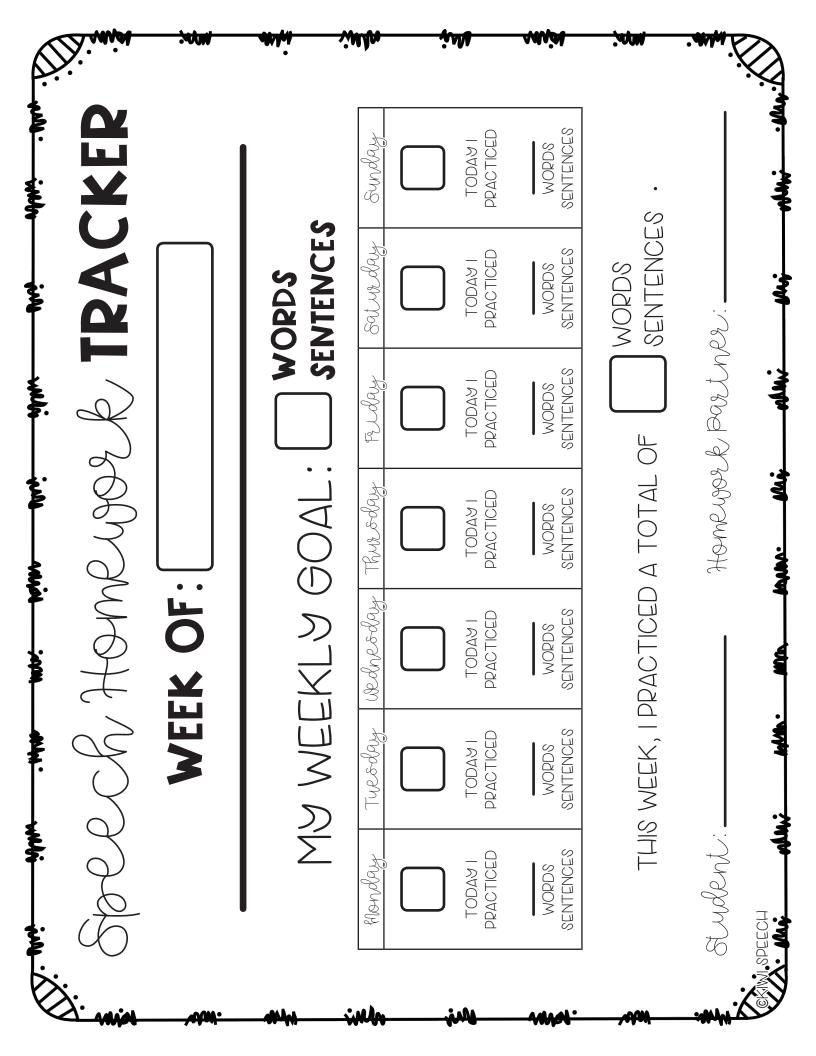
*Play "I Spy" during a car ride looking for things containing their sound.

Most important, please remember that practicing speech does not necessarily mean setting aside hours each day. Even <u>five minutes of quick practice</u> in the car on the way to school can make a big difference when done consistently!

Thank you for practicing with your child,

Speech Language Pathologist





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