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| **Lesson Plan** | **Class:**  **Health 9** | | **Date:** 9/13 |
| **Topic:** Personal Skills For Health And Wellness | | | |
| **Learning Objectives** | | **Standards** | **Materials** |
| The Student Will Be Able To:  \*Define the following key terms (Decision Making Skills, Refusal Skills, and Interpersonal Skills)  \*Identify the 5 steps of the decision-making process | | PA Standard:  10.1.9 D  10.2.9 D | Glencoe Health Textbook  Slides  Notes |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | | | **Strategies**   * ~~Think/Pair/Share~~ * Graphic Organizer * PBL * ~~Tech Integration~~ * Gamification * Task Cards * Peer Teaching * Self Assessment * Growth Mindset |
| Students will answer the 9 questions on Page 22 of their health book to see if their skills within the chapter need improvement | | |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers | | |
| \* Read pages 22-24  \*Slideshow covering Chapter 2 Lesson 1   * Assign homework within the book on page 24 | | |
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| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric | | | |
| \*Class Discussion/ Questions assigned for homework | | | |
| **Differentiation** | | | |
| *Enrichment* |  | *Accomodations* |  |
| 9 questions at the beginning of class as an eye-opener to students to see where their interpersonal skills are strong or lacking. This will help captivate students attention and make it more personal to them throughout the lesson. |  | \*Preferential Seating  \*Small Group and/or One on One Assistance  \*Extended time for work completion |  |

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