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| **Lesson Plan** | **Class:**  **Health 7** | **Date:** 9/13 |
| **Topic:** Understanding Health and Wellness |
| **Learning Objectives** | **Standards** | **Materials** |
| The Student Will Be Able To:\*Define the following key terms (Health, Spiritual Health, Wellness, risk behaviors, self assessment, consequences, etc.)\*Identify the 3 areas of Health \* answer 80% or more of the review questions correctly as a class | PA Standard:10.1.9 D10.1.9 A | Glencoe Health TextbookReview slides  |
| **Introduction** ❏ **Discussion Question**  ❏ Media ❏ Activate Prior Knowledge | **Strategies*** ~~Think/Pair/Share~~
* Graphic Organizer
* PBL
* ~~Tech Integration~~
* Gamification
* Task Cards
* Peer Teaching
* Self Assessment
* Growth Mindset
* Other:
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| Bell Ringer (open ended review question) |
| **Activities** ❏ Whole Group ❏ Small Group ❏ Cooperative Learning ❏ Centers |
| The class will be split into two teams and play a review game. These questions will come from anywhere within the chapter. One student from each side will be randomly picked, a question will be shown on the board. First student to hit the bell gets to answer. If answered incorrectly, the opposing team gets a chance to steal the points. Winning team receives one bonus point on the test.  |
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| **Evaluation** ❏ **Observation** ❏ Worksheet ❏ Test ❏ Project ❏ Presentation ❏ Published Work ❏ Rubric |
| Student performance within the review game |
| **Differentiation** |
| *Enrichment* |  | *Accomodations* |  |
| Students seeing/answering the review questions posed to them as a refresher for the test |  | Preferential seating Extended time for completion |  |

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