

	Survival Ski	Ils: Communication Unit	
Unit	Plan of Learning	National/ State Learning Objectives	Evaluation/ Resources/ Adaptations & Accommodations
Introduction to FACS	Essential Question: What is FACS? -Description of course objectives -Class procedures and expectations -Team work contract -Writing assignment (students write about themselves and their experience with cooking, or sewing). -Folder designs (must give a visual representation of all areas of FACS).	N/A	 Students will be evaluated by their class participation, writing assignment, and folder designs. Resources: handouts, writing assignment paper, art supplies, folders, and writing utensils. Adaptations /Accommodations: Student may be given an alternative FACS writing assignment if he or she has another FACS class. Students may be permitted to work with a partner on computer (if appropriate for the situation).

			Extended time on FACS assignment may be given if necessary.
Communication: Verbal vs. Nonverbal	Essential Questions: What traits do employers look for? What is verbal communication? What is nonverbal communication? -Test your communication style quiz -Test your social intelligence activity: Students will try to determine the meaning behind various facial expressions. -Employers top 10: Students will examine the top 10 skills employers look for in potential job applicants -Notes: Verbal vs. Nonverbal communication -Nonverbal communication worksheet.	 National FCS Standard(s): 1.2 Demonstrate transferable and employability skills in school, community, and workplace settings. 13.5.1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members. 13.5.7 Demonstrate processes for cooperating, compromising, and collaborating. PA Academic Standard(s): 11.2.9E Evaluate the impact of technology and justify the use or nonuse of it (e.g., safety, cost/budget, appearance, efficiency). 11.2.9H Justify the significance of interpersonal communication skills in the practical reasoning method of decision making. 	 Students will be evaluated on participation, notes, and nonverbal communication worksheet. Resources: worksheets, projector, computer Adaptations and Accommodations: Students may be given modified notes pages

Barriers to	Essential Question: What	National FCS Standard(s):	- Students will be evaluated on
Communication	prevents some people from		their weekly class participation
	communicating effectively?	1.2 Demonstrate transferable	and notes.
		and employability skills in	
	-Four barriers to communication	school, community, and	Resources: notes pages,
	 Misunderstanding unclear 	workplace settings.	projector, computer, game
	messages	13.5.1 Create an environment	pieces
	 Poor listening skills 	that encourages and respects	
	Language	the ideas, perspectives, and	Adaptations /Accommodations:
	Culture	contributions of all group	Students may be given
		members.	modified notes pages
	-Students will listen to a true story	13.5.7 Demonstrate processes	
	about how nonverbal	for cooperating, compromising,	
	communication saved one	and collaborating.	
	person's life.		
		PA Academic Standard(s):	
	-Communication adaptations	11.0 Old Justify the significance	
		11.2.9H Justify the significance of interpersonal communication	
	-Body language and eye contact	skills in the practical reasoning	
	notes	method of decision making.	
		method of decision making.	
	-Video clip: Students will watch a	11.2.9C Assess the	
	short video clip about how one	effectiveness of the use of	
	student overcame communication	teamwork and leadership skills	
	barriers.	in accomplishing the work of	
	-Students will participate in a	the family	
	group activity in which they must		
	solve a puzzle effectively, but		
	without talking (demonstrates		
	overcoming a barrier to		
	communication).		

Positive Ways of	Essential Question: How can	National FCS Standard(s):	-Students will be evaluated by
Communicating	you communicate in a clear		their weekly participation, notes,
	and positive way?	1.2 Demonstrate transferable and employability skills in	I Messages worksheet, and video quiz.
	-I Messages	school, community, and workplace settings.	-Resources: TV and DVD
	-Students will complete a worksheet to practice writing I	13.5.1 Create an environment that encourages and respects	player, worksheets, notes.
	Messages	the ideas, perspectives, and contributions of all group	Adaptations /Accommodations:
	-Notes about tone, mixed	members.	modified notes pages
	messages, and the appropriate time and place to communicate	13.5.7 Demonstrate processes for cooperating, compromising, and collaborating.	and quiz.
	-Students will watch the	and a construction of ge	
	communication styles video and take a quiz.	PA Academic Standard(s):	
		11.2.9C Assess the effectiveness of the use of	
		teamwork and leadership skills in accomplishing the work of the family	

Listening Skills	 Essential Question: How can you be an effective listening? -Listening activity- students will listen to story and be asked to recall details. -Notes about criticism, active listening, and feedback. -Listening quiz: Are you a good listener? 	National FCS Standard(s): 1.2 Demonstrate transferable and employability skills in school, community, and workplace settings. 13.5.1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members. 13.5.7 Demonstrate processes for cooperating, compromising, and collaborating.	 Students will be evaluated by their weekly participation, and notes. Resources: note pages Adaptations /Accommodations: Students may be given modified notes.
Project and Review	Essential Question: How does technology affect your communication skills? -Students will pick one form of modern technology that is used to communicate (ex. Facebook, skype, etc) and create a presentations about how it affects communication skills -Students will work in small groups to prepare a power point -Students will present the power point to class and be graded with a rubric -Chapter review	-All standards listed above PA Academic Standard(s): 11.2.9E Evaluate the impact of technology and justify the use or nonuse of it (e.g., safety, cost/budget, appearance, efficiency).	 Students will be evaluated by their projects, review, test, and movie questions. Resources: computers, review, test, dvd player Adaptations /Accommodations: Students may be given modified test and review Students may be given additional time and help on project if necessary.

-Chapter test	
-Movie (optional): Students may watch part of the movie "You've Got Mail" and answer questions about communication throughout the movie.	



	Survival Skills: Cooking and Kitchen Design				
Unit	Plan of Learning	State/ National Objectives	Evaluation/ Resources/ Adaptations & Accommodations		
Measuring and Reading a Recipe	Essential Questions: How do you follow a recipe? What are correct measuring techniques? -Students will record notes about abbreviations and equivalents. -Students will watch a measuring demo (recipe preparation and sample).	PA Academic Standard(s): 11.3.9F. Hypothesize the effectiveness of the use of meal management principles (e.g., time management, budgetary considerations, sensory appeal, balanced nutrition, safety, sanitation).	 Students will be evaluated by weekly participation points, notes, kitchen math worksheet, and quiz. Resources: cooking supplies and equipment, worksheets, cookbooks. Adaptations /Accommodations: 		

Food Safety	Essential Question: How do prepare food using correct	PA Academic Standard(s):	- Students will be evaluated on their weekly class participation,
	safety and sanitation procedures?	11.3.9A.Explain how scientific and technological developments enhance our food supply (e.g.,	video quiz, and the food Bourne illness worksheet.
	-Food safety and sanitation video and study guide	food preservation techniques, packaging, nutrient fortification).	Resources: cooking supplies and equipment, ingredients, cookbooks, art supplies, lab
	-Food safety quiz	11.3.9B. Identify the cause, effect and prevention of microbial	sheets, handouts, and tests.
	-Food safety video and quiz	contamination, parasites and toxic chemicals in food.	Adaptations /Accommodations:
	-Spot the dangers activity	11.3.9F. Hypothesize the effectiveness of the use of meal	
	-Food Bourne illness reading and worksheet	management principles (e.g., time management, budgetary considerations,	
	-Kitchen safety guidelines	sensory appeal, balanced nutrition, safety, sanitation).	

		 National FCS Standards: 8.2.1 Identify characteristics of major food borne pathogens, their role in causing illness, foods involved in outbreaks and methods of prevention. 8.2.7 Demonstrate safe food handling and preparation techniques that prevent cross contamination from potentially hazardous foods, between raw and ready-to-eat foods, and between animal and fish sources and other food products. 8.2.8 Analyze current types of cleaning materials and sanitizers for proper uses and safety hazards. 8.5.1 Demonstrate professional skills in handling of knives, tools, and equipment. 	
Recipe prep	Essential Question: How do you prepare a recipe?	PA Academic Standard(s):	-Students will be evaluated by their weekly participation and
	-Recipe terms practice	11.3.9F. Hypothesize the effectiveness of the use of meal	notes
	-Necipe territs practice	management principles	-Resources: Cooking supplies
	-Cooking jobs and procedures	(e.g., time management, budgetary considerations,	and equipment, worksheets.

	ace setting review (notes and	sensory	appeal,		Adaptations /Accommodations:
prac	ctice)	nutrition,	safety, sanitatio	on).	Students may be given additional guidance or paired with a partner for cooking and clean up jobs.

Chapter 29 Information	How do you design a kitchen in an efficient and safe way?	National FCS Standard(s):	-Students will be evaluated by their weekly participation, notes, kitchen design, and small
	 Organization activity Students will look at a picture of a poorly designed kitchen and evaluate what improvements could be made. Students will take notes about large kitchen equipment, small equipment, and utensils. Students will work with one or two other people in the class to read about one piece of small 	 8.3 Demonstrate industry standards in selecting, using, and maintain, food production and food service equipment. 11.3 Apply housing and interior design knowledge, skills and processes to meet specific design needs. 	 kitchen design, and small equipment scramble. -Resources: Cooking supplies and equipment, worksheets, notes pages, computers, projector. Adaptations /Accommodations: Students may be given additional time to complete assignments. Students may be given modified notes.
	-Students will complete a small equipment scramble.		

	-Students will take notes about the sources of danger in the kitchen read about recent cooking accidents in the news. -Students will gain an understanding of the work triangle and how to design a space		
	efficient kitchen. -Students will use the floorplanner.com website to design their own kitchens using concepts learned in class.		
Chapter 29 Review and test	-Chapter 29 crossword -Chapter 29 test	All standards listed above.	 Students will be evaluated by their reviews and tests. Resources: Reviews and tests Adaptations /Accommodations: Students may be given additional time to complete assignments. Students may be given modified tests.
Cooking labs	How do you prepare food in a safe and sanitary way while following all cooking procedures?	PA Academic Standard(s): 11.3.9B. Identify the cause, effect and prevention of microbial contamination, parasites and toxic chemicals in food.	-Students will be evaluated by weekly participation points, and assigned cooking and clean up jobs.

-Students will prepare a variety of recipes throughout the unit -Students will be assigned a different food prep and clean up job each day -Students will create a cookbook cover for their class cookbooks.	11.3.9F. Hypothesize the effectiveness of the use of meal management principles (e.g., time management, budgetary considerations, sensory appeal, balanced nutrition, safety, sanitation).	 -Resources: cooking supplies and equipment, cookbooks. -Adaptations /Accommodations: Students may be given additional time to complete kitchen tasks. Students may be paired with a partner for cooking, or clean up tasks.
	 National FCS Standards: 8.2.7 Demonstrate safe food handling and preparation techniques that prevent cross contamination from potentially hazardous foods, between raw and ready-to-eat foods, and between animal and fish sources and other food products. 8.5.1 Demonstrate professional skills in handling of knives, tools, and equipment. 	



Survival Skills: Laundry Unit and Clothing Care			
Unit	Plan of Learning	National/ State Learning Objectives	Evaluation/ Resources/ Adaptations & Accommodations
Clothing Repair	Essential Question: How do you repair clothing? -Running stitch demo and sample -Back stitch demo and sample -Button repair demo and sample	National FCS Standard(s): 16.4.5. Demonstrate basic skills for producing and altering textile products and apparel.	 Students will be evaluated by their class participation, samples, and notes. Resources: handouts, sewing supplies Adaptations /Accommodations Student may be given an alternative sewing stitches if they are experienced in sewing Students may be permitted to work with a classmate.

Caring for Clothing	Essential Questions: Why care for your clothes? -Notes: Caring for clothing, reading a clothing care tag. -Hand out: How often should you wash clothing items?	National FCS Standard(s): 16.4.3 Use appropriate industry products and materials for cleaning, pressing, and finishing textile apparel, and fashion products.	-Students will be evaluated on participation, notes, and any worksheets. -Resources: worksheets, flashcards, clothing items, notes.
	-Reading a tag -Decoding clothing care symbols activity	16.4.5. Demonstrate basic skills for producing and altering textile products and apparel.	-Adaptations and Accommodations: Students may be given modified notes pages

-Clothing care symbols flash cards and practice

Preparing	Essential Question: How do	National FCS Standard(s):	- Students will be evaluated on
clothing to be	you prepare clothing to be		their weekly class participation
washed	washed?	16.4.1 Demonstrate professional skills in using a	and notes.
	 -Notes: Check for stains and repairs to be treated/ made, how to sort clothing. -Sorting clothing group activity: Students will be given a note card with a clothing item on it and place the clothing item in the correct laundry basket. 	variety of equipment, tools, and supplies for fashion, apparel, and textile construction, alteration, and repair. 16.4.3 Use appropriate industry products and materials for cleaning, pressing, and finishing textile apparel, and fashion products.	Resources: notes pages, sorting game, clothing items, stain removal products. Adaptations /Accommodations: Students may be given modified notes pages
	-Sorting game: Students will be given a deck of cards with various clothing items and organize the card deck into separate piles. -Clothing care symbol practice.	16.4.5. Demonstrate basic skills for producing and altering textile products and apparel.	

How do you	Essential Question: How can	National FCS Standard(s):	-Students will be evaluated by
remove stains?	you treat and remove stains?		their weekly participation, and
		16.4.3 Use appropriate industry	notes.
	-Notes on stain removal	products and materials for	
		cleaning, pressing, and finishing	-Resources: notes, stain guide
	-Stain removal demonstration	textile apparel, and fashion	
		products.	Adaptations /Accommodations:
	-Students will use a "stain guide"		Students may be given
	and determine how to remove		modified notes pages.
	various stains.		

-Students will practice using an

Review and Test	-Laundry 101 review worksheet	-All standards listed above	-Students will be evaluated by their review and tests.
	-Laundry word search -Laundry test: laundry test will be a hands on, working test. Students will have to remove stains from swatches of material, iron a dress shirt, sort a pile of clothing, identify laundry care symbols, and reading a clothing care tag.		 -Resources: review, tests, laundry items. Adaptations /Accommodations: Students may be given modified test and review Students may be given additional time and help on test if necessary.

K. Brant 2018-2019 Survival Skills



Survival Skills: Child Development			
Essential Question/ Plan of Learning	State/National FCS Standards	Resources and Evaluation	
Essential Question: What is child development? -Introduction to unit: Childhood predictions- Students will listen to "stories" about various people's childhood and make predictions about their future (the stories are true life accounts from people in history) -Confused Cathy: Students will read about a baby sitter and find 20+ things that she did incorrectly.	 National FCS Standard(s): 12.1 Analyze principles of human growth and development across the life span. 12.2 Analyze conditions that influence human growth and development. State FCS Standard(s): 11.3.9A. Analyze physical, intellectual and social/emotional development in relation to theories of child development. 	Resources: Handouts Evaluation: Students will be evaluated on their answers to the confused Cathy worksheet. Accommodations: -Students may be given modified notes, and worksheets. -Students may be given additional time to complete assignments.	

Essential Question: How do you	National FCS Standard(s):	Resources: Notes, power point,
provide for a child's basic needs?	4.4.6 Implement basic health practices	projector, handouts
-Notes: Caregiver and parenting and	and prevention procedures for	Evaluation: Students will be
providing for a child's physical needs.	workers and children regarding	evaluated on their daily participation,
 -t/f worksheet: How to feed a baby -Spilled milk reading -health care: Students will watch a power point about common childhood illnesses. -"Let's Play Doctor" activity: Students will read symptoms that children have an use an informational packet to see if they can determine an illness. -Vaccine chart example 	 childhood illness and communicable diseases. State FCS Standard(s): 11.3.9A. Analyze physical, intellectual and social/emotional development in relation to theories of child development. 11.3.9B Evaluate health and safety hazards relating to children at each stage of child development. 	notes, and childhood illness's worksheets. Accommodations: -Students may be given modified notes, and worksheets. -Students may be given additional time to complete assignments.

Essential Question : How can you keep a child safe?	State FCS Standard(s):	Resources: notes, handouts, power point, projector, computers.
-Safety notes	11.3.9B Evaluate health and safety hazards relating to children at each stage of development.	Evaluation : Students will be evaluated on their daily participation,
-Childproofing a home worksheet		notes, and research.
-Toy safety ppt		Accommodations:
-Examples of recalled toys		-Students may be given modified
-Students will complete research to identify one baby item that has been recalled and why.		assignments, or additional time to complete assignments.

Essential Question(s): How can you keep a child safe?	National FCS Standard(s): 4.4.5 Document symptoms of child abuse and neglect and use	Resources: notes, handouts, SBS simulator
-Is this abuse? Worksheet.	appropriate procedures to report suspected abuse or neglect to the	Evaluation : Students will be evaluated on their daily participation,
-Child abuse/ SBS power point -SBS infant simulation. Students will see	designated authorities.	notes, and post lesson questions.
the affected areas of the brain when a baby is shaken through the SBS	State FCS Standard(s):	Accommodations:
simulator.	11.3.9B Evaluate health and safety hazards relating to children at each	-Students may be given modified notes, and worksheets.
-SBS post lesson questions.	stage of development.	-Students may be given additional
		time to complete assignments.

 Essential Question: How do you respond the injuries? What are the differences in child care? -Case Studies: Students will read case studies and determine an appropriate response. -Basic first aid procedure chart on page 479 of text. -Choosing child care services notes 	 National FCS Standard(s): 4.2 Analyze developmentally appropriate practices to plan for early childhood, education, and services. State FCS Standard(s): 11.4.9B Evaluate health and safety hazards relating to children at each stage of child development. 	Resources: notes, handouts, textbooks.Evaluation: Students will be evaluated on their daily participation, and notes.Accommodations: -Students may be given modified notes, and worksheetsStudents may be given additional time to complete assignments.
Essential Questions: How can you provide for an infant's needs? -Infant simulation permission slip, and safety sign off.	National FCS Standard(s): 12.1 Analyze principles of human development across the lifespan.	Resources: handouts, infant simulators and supplies.

 -Infant simulation rules/ demonstration -Infant simulation pre-quiz (students must pass in order to complete the simulation) -Infant care simulation: Students will care for an infant simulator doll and provide basic needs: feeding, changing, rocking, burping. -Students will be graded through the device. -Power point on providing for an infant's intellectual and emotional needs. -Children's books: Students will help development. 	 12.2 Analyze conditions that influence growth and development across the lifespan. State FCS Standard(s): 11.4.9A Analyze physical, intellectual and social/emotional development in relation to theories of child development. 11.4.9B Evaluate health and safety hazards relating to children at each stage of child development. 	Evaluation: Students will be evaluated on their infant simulation results/ Accommodations: -Students may be given modified notes, and worksheets. -Students may be given additional time to complete assignments.
Chapter 24 Unite Review and Test	All listed above.	Resources: reviews and tests.Evaluation: Students will be evaluated by their tests.Accommodations: -Students may be given modified tests, and/or additional time.



Survival Skills: Budgeting and Advertising			
Essential Question/ Plan of Learning	State/National FCS Standards	Resources and Evaluation	
Essential Question: What is a budget? -Budgeting Activity: Students will be given an income and must plan a budget.	PA FCS Standard(s): 11.1.6 B Know the relationship of the components of a simple spending plan and how that relationship allows for managing income, expenses and	Resources: Budgeting activity sheet, video, dvd player, textbooks.Evaluation: Students will be evaluated on their daily participation and quiz.	
-Budgeting Basics: Video and Quiz	savings. National FCS Standard(s):	Accommodations:	
-Textbook reading about budgeting	2.6 Demonstrate management of financial resources to meet the goals of individuals and families across the life span	-Students may be given modified worksheets, and quizzes. -Students may be given additional time to complete assignments.	

	2.7.2 Analyze how education, income, career, and life choices relate to achieving financial goals.2.7.3 Manage money effectively by developing financial goals and budgets	
Essential Question: How can you be a smart shopping? -Advertising brands and slogans activities -Generic vs. name brand taste test. -test your grocery shopping IQ -Reverse psychology: Grocery store gimmicks. -Students will design their own advertisement for a product.	 National FCS Standard(s): 2.6 Demonstrate management of financial resources to meet the goals of individuals and families across the life span 2.7.3 Manage money effectively by developing financial goals and budgets 	 Resources: handouts, products to taste test. Evaluation: Students will be evaluated on their daily participation and advertisement design. Accommodations: Students may be given additional time to complete assignments.
Essential Question: How can you create long term financial goals? -Wants vs. needs	PA FCS Standard(s): 11.1.6 B Know the relationship of the components of a simple spending plan and how that relationship allows for	Resources: worksheet, computers. Evaluation : Students will be evaluated on their daily participation, and research.

-Students will research and create a budget to meet one long term financial goal.	 managing income, expenses and savings. National FCS standard(s): 2.7.3 Manage money effectively by developing financial goals and budgets 	Accommodations: -Students may be given modified assignments, or additional time to complete assignments.
Essential Question(s): How do you manage personal finances? -Budgeting workbook: writing checks, balancing a checkbook, etc -Budgeting project -Unit test	 PA FCS Standard(s): 11.1.9B Explain the responsibilities associated with managing personal finances (e.g., savings, checking, credit, noncash systems, investments, insurance). National FCS Standard(s): 2.6 Demonstrate management of financial resources to meet the goals of individuals and families across the life span 2.7.3 Manage money effectively by developing financial goals and budgets 	Resources: Budgeting workbook. Evaluation: Students will be evaluated on their daily participation, workbook completion, and tests. Accommodations: -Students may be given modified worksheets and tests. -Students may be given additional time to complete assignments.
Additional Items: Speaker(s) from local bank (Somerset Trust) may present banking information to students if available.	All listed above.	N/A