**3/24– 3/28**

**7th Grade Health**

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| Date | Objectives:The student will be able to - | Activities | Assessment | State Standards |
|  3/25 | Students will create no more than 2 behavioral disruptions within class.  | Following their bell ringer, students will read and take notes on pulmonary and systematic circulation as well as a thorough lecture on the parts of the blood and what each is responsible for  | Notes, bell ringer | 10.2.9.A10.2.9.C |
| 3/27 | Students will complete their classwork at 90% correctness or better as a class | Students will read about the respiratory system, if time permits they will have a pop quiz on the main ideas of the circulatory and respiratory systems.  | Notes, quiz  | 10.2.9.A10.2.9.C |

**9th Grade Health**

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| Date | Objectives: The students will be able to | Activities | Assessment | State Standards |
|  3/25 | Complete their class work at 80% or higher as a class average | Following their bell ringer, students will work in groups on their drug projects | Classwork, homework | 10.1.9.B10.1.9.E |
| 3/27 | Create 2 or fewer behavioral disruptions throughout class  | Following their bell ringer, students will continue working on their projects, beginning to finish them up and add designs  | notes | 10.1.9.B10.1.9.E |

**7th Grade Physical Education**

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| **Date** | **Objectives:** Students will be able to  | **Activities** | **Assessment** | **State Standards** |
| 3/24 | Go the entirety of the class with no safety issues  | Students will be introduced to pickle ball rules and begin practicing their serves before attempting a game to finish class. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D****10.5.9.A** |
| 3/26 | Through effective team communication, positively encourage each other 5 or more times throughout class | Students will select their own partners before attempting to play games of pickleball, rotating opponents each game  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D****10.5.9.A** |
| 3/28 | Go the entirety of the class with no safety issues  | Students will select their own partners before attempting to play games of pickleball, rotating opponents each game | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D****10.5.9.A** |

**9th Grade Physical Education**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives** | **Activities** | **Assessment** | **State Standards** |
| 3/24 | Go the entirety of the class with no safety issues  | Students will be introduced to pickle ball rules and begin practicing their serves before attempting a game to finish class. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| 3/26 | Through effective team communication, positively encourage each other 5 or more times throughout class | Students will select their own partners before attempting to play games of pickleball, rotating opponents each game | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| 3/28 | Through effective team communication, positively encourage each other 5 or more times throughout class | Students will select their own partners before attempting to play games of pickleball, rotating opponents each game | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |

**Sr. High Physical Education**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives:** The students will be able to  | **Activities** | **Assessment** | **State Standards** |
| **3/24** | Go the entirety of class with 3 or fewer behavioral disruptions | Students will be introduced to pickle ball rules and begin practicing their serves before attempting a game to finish class. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| **3/26** | Through effective team communication, positively encourage each other 5 or more times throughout class | Students will select their own partners before attempting to play games of pickleball, rotating opponents each game | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| **3/28** | Through effective team communication, positively encourage each other 5 or more times | Students will select their own partners before attempting to play games of pickleball, rotating opponents each game | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |

**Sr. High Weight Training**

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| **Date:** | **Objectives:** | **Activities** | **Assessment** | **State Standards** |
| **3/25** | As a class, positively encourage each other at least 3 times throughout the class. | Students will work in small groups, creating and performing their own workout routine  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D****10.4.12.A** |
| **3/27** | As a class, create no safety hazards throughout class (spotting correctly, good form, no horseplay)  | Students will work in small groups, creating and performing their own workout routine | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D****10.4.12.A** |

**Jr. High Weight Training (A) and (B) class**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives:** The students will be able to | **Activities** | **Assessment** | **State Standards** |
| **3/24, 3/26, 3/28**  | As a class, create no safety hazards throughout class (spotting correctly, good form, no horseplay) | Students will compete in an inverted row contest, the winning student will get a free day of their choosing after 2 weeks of competition. Students will be able to also compete in the class competition of the best 6RM on flat bench barbell as well as hypertrophy workouts created by the instructor  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.9.A****10.5.9.D** |
| **3/25, 3/27** | As a class, create no safety hazards throughout class (spotting correctly, good form, no horseplay) | Students will compete in an inverted row contest, the winning student will get a free day of their choosing after 2 weeks of competition. Students will be able to also compete in the class competition of the best 6RM on flat bench barbell as well as hypertrophy workouts created by the instructor | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.9.A****10.5.9.D** |