**3/10– 3/13**

**7th Grade Health**

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| --- | --- | --- | --- | --- |
| Date | Objectives:  The student will be able to - | Activities | Assessment | State Standards |
| 3/10 | Students will create no more than 2 behavioral disruptions within class. | Students will complete Botvin Life skills | Worksheet | 10.2.9.A  10.2.9.C |
| 3/12 | Students will complete their classwork at 90% correctness or better as a class | Students will complete Botvin Life skills | Worksheet | 10.2.9.A  10.2.9.C |

**9th Grade Health**

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| Date | Objectives: The students will be able to | Activities | Assessment | State Standards |
| 3/10 | Complete their class work at 80% or higher as a class average | Students will read 372-375, complete a digestive labeling worksheet, and be assigned 1-3 on page 378 as Homework | Classwork, homework | 10.1.9.B  10.1.9.E |
| 3/12 | Complete all Botvin Class work | Students will read 375- 378, before completing a written review on the cardiovascular, respiratory, and digestive systems | notes | 10.1.9.B  10.1.9.E |

**7th Grade Physical Education**

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| **Date** | **Objectives:** Students will be able to | **Activities** | **Assessment** | **State Standards** |
| 3/11 | Go the entirety of the class with no safety issues | Students will be introduced to twice around kick ball following their warm-up | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D**  **10.5.9.A** |
| 3/13 | Through effective team communication, positively encourage each other 5 or more times throughout class | Students will be introduced to pickle ball rules and begin practicing their serves before attempting a game to finish class. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D**  **10.5.9.A** |

**9th Grade Physical Education**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives** | **Activities** | **Assessment** | **State Standards** |
| 3/11 | Go the entirety of the class with no safety issues | Students will be introduced to twice around kick ball following their warm-up | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A**  **10.5.9.F** |
| 3/13 | Through effective team communication, positively encourage each other 5 or more times throughout class | Students will be introduced to pickle ball rules and begin practicing their serves before attempting a game to finish class. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A**  **10.5.9.F** |

**Sr. High Physical Education**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives:** The students will be able to | **Activities** | **Assessment** | **State Standards** |
| **3/11** | Go the entirety of class with 3 or fewer behavioral disruptions | Students will be introduced to twice around kick ball following their warm-up | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A**  **10.5.9.F** |
| **3/13** | Through effective team communication, positively encourage each other 5 or more times throughout class | Students will be introduced to pickle ball rules and begin practicing their serves before attempting a game to finish class. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A**  **10.5.9.F** |

**Sr. High Weight Training**

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| --- | --- | --- | --- | --- |
| **Date:** | **Objectives:** | **Activities** | **Assessment** | **State Standards** |
| **3/10** | As a class, positively encourage each other at least 3 times throughout the class. | Students will each complete a workout that was written by their teacher individualized for their group’s goals. Students may also compete in the 6RM bench press challenge. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D**  **10.4.12.A** |
| **3/12** | As a class, create no safety hazards throughout class (spotting correctly, good form, no horseplay) | Students will each complete a workout that was written by their teacher individualized for their group’s goals. Students may also compete in the 6RM bench press class challenge | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D**  **10.4.12.A** |

**Jr. High Weight Training (A) and (B) class**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives:** The students will be able to | **Activities** | **Assessment** | **State Standards** |
| **3/10,**  **3/12** | As a class, create no safety hazards throughout class (spotting correctly, good form, no horseplay) | Students will compete in an inverted row contest, the winning student will get a free day of their choosing after 2 weeks of competition. Students will be able to also compete in the class vs. class competition of biking to Jacksonville as well as hypertrophy workouts created by the instructor | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.9.A**  **10.5.9.D** |
| **3/11, 3/13** | As a class, create no safety hazards throughout class (spotting correctly, good form, no horseplay) | Students will compete in an inverted row contest, the winning student will get a free day of their choosing after 2 weeks of competition. Students will be able to also compete in the class vs. class competition of biking to Jacksonville as well as hypertrophy workouts created by the instructor | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.9.A**  **10.5.9.D** |