**10/21– 10/25**

**7th Grade Health**

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| Date | Objectives:The student will be able to  | Activities | Assessment | State Standards |
|  10/22 | Students will be able to define the term abstinence  | Following their bell ringer, students will read lesson 1 as a class followed by review questions 1-5 for Homework | Review questions | 10.1.9.A10.1.9.D |
|  10/24 | Following our pwerpoint, students will be able to as a class name the key terms with 100% accuracy  | Students will take notes on a powerpoint following their bell ringer  | Test | 10.1.9.A10.1.9.D |

**9th Grade Health**

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| Date | Objectives: The students will be able to | Activities | Assessment | State Standards |
|  10/22 | Students will be able to list a food where carboydrates, fats, and proteins can be found | Students will read lesson one within their book with brief breaks for class discussion and teacher led discussion on main topics.  | Review questions | **10.1.9.A****10.1.9.D** |
| 10/24 | Students will be able to differentiate between vitamins and minerals | Following their bell ringer, students will take notes on a powerpoint on vitamins, minerals, and water followed by a worksheet | Worksheet | 10.1.9.A10.1.9.D |

**7th Grade Physical Education**

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| **Date** | **Objectives:** Students will be able to  | **Activities** | **Assessment** | **State Standards** |
| 10/21 | Go the entirety of the class with 2 or fewer players entering the goalie box  | Students will warm up, rules and safety concerns for gator ball will be reviewed prior to gameplay | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D****10.5.9.A** |
| 10/23 | Through effective team communication, score at least one more overall goal in the second game compared to the first. Students will also ask 5 or fewer questions throughout the gameplay on the rules.  | Immediately following attendance, we will have a class discussion on the expectations and safety concerns for the day. Students will play a warm up game of traditional gator ball before adding 2 more goals on each side. (\*optional)Depending on the flow of class, teams may be split into 4 to add yet another element to the game  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D****10.5.9.A** |
| 10/25 | Students will create no more than 3 behavioral disruptions | Following their warm-up, students will play 4-way gator ball with 4 teams. Followed by a class vote on which version they would like to play.  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.3.9.D****10.5.9.A** |

**9th Grade Physical Education**

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| --- | --- | --- | --- | --- |
| **Date** | **Objectives** | **Activities** | **Assessment** | **State Standards** |
| 10/21 | Go the entirety of class with 3 or fewer behavioral disruptions | Students will warm up, rules and safety concerns for gator ball will be reviewed prior to gameplay | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| 10/23 | Ask 5 or fewer questions on the new version of gator ball  | Students will warm up followed by students playing gator ball and then another goal being added in the second game | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| 10/25 | Go the entirety of class with 3 or fewer behavioral disruptions | Following the warmup, students will play 4-way frisbee | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |

**Sr. High Physical Education**

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| **Date** | **Objectives:** The students will be able to  | **Activities** | **Assessment** | **State Standards** |
| **10/21** | Go the entirety of class with 3 or fewer behavioral disruptions | Students will warm up, rules and safety concerns for gator ball will be reviewed prior to gameplay | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| **10/23** | Ask 5 or fewer questions on the new version of gator ball | Students will warm up followed by students playing gator ball and then another goal being added in the second game | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |
| **10/25** | Go the entirety of class with 3 or fewer behavioral disruptions | Following the warmup, students will play 4-way frisbee | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.4.9.A****10.5.9.F** |

**Sr. High Weight Training**

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| **Date:** | **Objectives:** | **Activities** | **Assessment** | **State Standards** |
| **10/22** | As a class, positively encourage each other at least 3 times throughout the class. | There will be NO CLASS today due to our bike trip. | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D****10.4.12.A** |
| **10/24** | As a class, create no safety hazards throughout class (spotting correctly, good form, no horseplay)  | Students will have the opportunity to get on the leaderboard for the broad jump. Students will also be introduced to logging their own workouts  | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.12.D****10.4.12.A** |

**Jr. High Weight Training (A) and (B) class**

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| **Date** | **Objectives:** The students will be able to | **Activities** | **Assessment** | **State Standards** |
| **10/15, 10/17** | As a class, create no safety hazards throughout class (spotting correctly, good form, no horseplay) | As a class, we will review some methods for lifting for athletic needs. Students will also have the option to try and get on the broad jump leaderboard as well as log their workouts | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.9.A****10.5.9.D** |
| **10/16, 10/18** | As a class, create no safety hazards throughout class (spotting correctly, good form, no horseplay) | As a class, we will review some methods for lifting for athletic needs. Students will also have the option to try and get on the broad jump leaderboard as well as log their workouts | Students will be assessed based on their dress, participation, sportsmanship, and conduct | **10.5.9.A****10.5.9.D** |